

LOCAL NUTRITION CLUB

Dear Members,

We appreciate each of you as a valued club member and hope you feel that we make every effort to guide you on your journey towards reaching your health and wellness goals. We love what we do and are committed to helping our local community improve their nutritional habits. We follow certain guidelines in each of our nutrition clubs. Please Read through these carefully and ask your coach for clarification if needed.

NUTRITION CLUBS

What is a Nutrition Club? A nutrition club is a place where people with a common goal meet and support each other. Our Nutrition Club caters for all nationalities, shapes, sizes and age groups. We wish to emphasise that we are not a retail store, restaurant or any other food serving establishment.

MEMBERSHIP

To join the Nutrition Club, you need to be a member. The Membership fee is £50 for 10 visits or £135 for 30 visits with the following benefits.

- Your own personal wellness coach
- Meal plans
- Follow up and Support
- Full body scans, wellness evaluations and weigh ins
- Tips on leading a healthy active lifestyle
- Participation in all Club activities
- Healthy balanced meal – herbal aloe, herbal beverage tea and smoothie.*

Our nutrition club is open daily. Members are welcome to enjoy your healthy breakfast, have a chat, share a few jokes, participate in any or all of the clubs activities and be part of the every-day buzz.
*Herbalife products are not intended to diagnose, treat or cure any disease.

RULES

- We Do talk about ourselves and what can help us all improve our health and wellbeing to achieve our goals (weightloss, weight gain, energy and vitality and other healthy active lifestyle goals)
- Your membership IS valid as long as there are un-utilised visits remaining, but will expire if not used for continuous **30 day period**. It is **NOT** Refundable.
- Club members can **NOT** purchase Herbalife Products from any other Herbalife member or online.
- We do **NOT** talk negativity about any club member or their families
- We do **NOT** use bad language. If you do there is a £1 penalty for the Swear jar!!
- We do **NOT** engage in discussions on Religion, Politics & Nationalities. We are all entitled to have our own opinion, but keep them to yourself when in the club.
- We and our club members do **NOT** provide, sell or promote non-Herbalife products.
- Admittance to the Nutrition club is by personal invitation only and is **NOT** open to the public.
- Memberships are non- transferable to other Club members

These rules represent a summary of the rules and guidelines of Herbalife.

ALL INFORMATION ABOUT OUR MEMBERS IS STRICTLY PRIVATE & CONFIDENTIAL!!!

We hope you enjoy your daily visits to our Nutrition Club and that you always leave here in good form for the day.

Remember that when you are positive, you will be much happier, have less stress, and have a greater capacity for love and warmth, bringing joy and happiness to everyone around you.

Club member signature..... Coach signature.....
Date..... Date.....